



The Norwegian Luge, Bob and Skeleton Federation cordially invites your nation, as a member of the International Bobsleigh and Skeleton Federation, to participate in the:

# IBSF Women's monobob series 2019/2020

## Lillehammer – Norway

16<sup>th</sup> – 20<sup>th</sup> of November 2019

Sanctioning body	International Bobsleigh and Skeleton Federation (IBSF)
Organizer	The Norwegian Luge, Bob and Skeleton Federation (NABSF)
Local Organizer	The Norwegian Luge, bob and Skeletong Federation and its member clubs Lillehammer Olympic Bobsleigh and Luge Track
Organization Office	Phone: 0047 991 68 577 Email: <a href="mailto:office@nabsf.no">office@nabsf.no</a> Address: Kleivbakken 9, 2618 Lillehammer
Track Office	Phone: 0047 950 06 004 Email: <a href="mailto:stian.sonsteli@olympiaparken.no">stian.sonsteli@olympiaparken.no</a> Address: Hunderfossvegen 680, 2625 Fåberg
Event Manager	Janne Krågå, <a href="mailto:janne@nabsf.no">janne@nabsf.no</a>
Women's Monobob Coordinator	Manfred Maier
Jury President	Helmut Zwerger (AUT)
Jury Members	Manfred Schulte (GER) Normunds Grava (LAT)



Race Director & Track Manager	Jan Oddvar Tangen, <a href="mailto:jan.oddvar.tangen@olympiaparken.no">jan.oddvar.tangen@olympiaparken.no</a>
Ass. Race Director	Per-Anders Von Scheele, <a href="mailto:pa@paduco.se">pa@paduco.se</a>
Track Responsible	Stian Sønsteli, <a href="mailto:stian.sonsteli@olympiaparken.no">stian.sonsteli@olympiaparken.no</a>
Chief of Org. Committee and press	Janne Krågå, <a href="mailto:janne@nabsf.no">janne@nabsf.no</a>
Medical Service	<b>Medic Øst</b> Phone: 0047 975 14 779 Email: <a href="mailto:marius@medicost.no">marius@medicost.no</a>
Timing System	Swiss Timing / Omega 100 <sup>th</sup> / Second
Awards	Prizes awarded from 1 <sup>st</sup> to 6 <sup>th</sup> place
Rules	<a href="#">In accordance of the IBSF Womens Monobob Rules</a>
License	All participants must have a valid IBSF e-license
Insurance	Each of the participants must have valid and sufficient insurance against illness, accidents and personal liability taken out by themselves or the National federation. The National Federation confirms the existence of these insurances by entry. The organizer accepts no liability.
Registration	Online registration through the IBSF registration system.
Registration deadline	According to the registration deadline in the online registration platform
Entry Fees	€ 350,-- per monobob athlete per event
Payment options	
Made out to →	<b>IBSF – International Bobsleigh and Skeleton Federation</b>

Acc. Nr: 0291884.051  
Bank: LGT Bank Ltd. Herrengasse 12 FL-9490 Vaduz  
IBAN: LI05 0881 0000 2918 8405 1  
BIC: BLFLLI2X



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A copy of the payment must be shown to the relevant IBSF coordinator at the 1st TCM. Candidates who fail to pay fee for participation will not be allowed to take part in the event. The payment transaction must indicate the names of the candidates, the nation and the even whom the quota for participation is being made.

Equipment availability	Monobobs and runners are provided by the IBSF. The transport of the monobobs will be provided by the IBSF. IBSF will provide technical support (mechanics and helpers) to help the national federations with monobob maintenance. All equipment required for maintaining the sled and runners will be provided by the IBSF.
Accommodation	Each team and nation is responsible for booking accommodation. We recommend Hafjell Hotell. <a href="https://www.hafjellhotell.no/">https://www.hafjellhotell.no/</a> and Scandic Hafjell <a href="https://www.scandichotels.com/hotels/norway/lillehammer/scandic-hafjell">https://www.scandichotels.com/hotels/norway/lillehammer/scandic-hafjell</a> . Other accommodations in the area; <a href="#">Nermo Hotel</a> and <a href="#">Hunderfossen Hotell and Resort</a> .
Doping Control	Doping control may be conducted in accordance with the rules and regulations set forth by the IBSF, ADNO and WADA.

\*All Team Captain Meetings are being held at the Finish house in the track.

## PROGRAM

Saturday	16.11.2019	18:00	<b>TCM</b>
Sunday	17.11.2019	10:00	Training
Monday	18.11.2019	10:00	Training
Tuesday	19.11.2019	10:00	Training / <b>TCM</b>
<b>Wednesday</b>	<b>20.11.2019</b>	<b>10:00</b>	<b>2. Women's monobob RACE</b> 2 runs award ceremony at the track
	Followed by		

\*Modifications and additions may occur



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On behalf of this,

The Norwegian Luge, Bob and Skeleton Federation, its member clubs and Lillehammer Olympic Bobsleigh and Luge Track welcomes you to Lillehammer.