The Olympic Regional Development Authority and USA Bobsled & Skeleton invite all bobsled and skeleton member nations of the IBSF to compete in the 2021 LAKE PLACID NORTH AMERICAN CUP Men’s & Women’s Bobsled & Skeleton Women’s Monobob January 28 – February 5, Lake Placid, NY USA

This event is hosted at the Lake Placid Sliding Center at Mount Van Hoevenberg in accordance with the IBSF Rules.

Entry Deadline:

It is the National Federation’s responsibility to enter its athletes through the IBSF’s online system at http://ibsf.sportresult.com/Login.aspx. The deadline for submission is five (5) days before the first team captain’s meeting. NO EXCEPTIONS.

Matthew Yaniro, ORDA Events Manager
Phone: 518.523.1655 ext. 5331 Fax: 518.523.9275 Email: myaniro@orda.org
ORGANIZATION OF THE EVENTS

The competition is organized by the Olympic Regional Development Authority (ORDA) in conjunction with USA Bobsled & Skeleton.

ORDA Board of Directors

Andy Lack, Vice Chairman
Basil Seggos, Commissioner NYS Department of Environmental Conservation
Erik Kulleseid, Commissioner NYS Department of Parks, Recreation & Historic Preservation
Howard Zemsky, Empire State Development Corporation
William Beaney
Jill Broderick
Clifford Donaldson, Jr.
John Parete
Arthur Lussi

Competition Committee

IBSF President
Mr. Ivo Ferriani
NAC Coordinator
Ms. Nicola Minichiello
Bobsled & Skeleton Race Director
Mr. Zach Catillaz
Bobsled & Skeleton Asst. Race Director
Mr. Eric Wilson
Bobsled & Skeleton Jury President
Mr. Ken Delong
Bobsled Jury Member
Mr. Tom Church
Skeleton Jury Member
Mr. Ryan Schneider
Bobsled & Skeleton Material Controller
TBD
Chief of Medical
Dr. Eugene Byrne
IBSF Covid-19 Prevention Officer
Manfred Maier
Venue Covid-19 Prevention officer
Deb Pica

Organizing Committee

Chairman
Mr. Jeff Potter
USABS Executive Director
Mr. Aron McGuire
Venue Manager—Mount Van Hoevenberg
Ms. Rebecca Dayton
Event Manager
Ms. Jenna Lute
Event Manager
Mr. Matthew Yaniro
Event Logistic Coordinator
Mr. Nick Zachara
Timing and Scoring
Mr. Zach Catillaz
Marketing/Promotion
Mrs. Jennifer McKeever
Media Information—ORDA
Mrs. Elise Ruocco
Media Information— USABS
Mrs. Amanda Bird
Technology
Mr. Phil Baumbach
2021 LAKE PLACID NORTH AMERICAN CUP
Men’s & Women’s Bobsled & Skeleton
Women’s Monobob
January 28 – February 5, Lake Placid, NY  USA

disciplines:

- 2-Man Bobsled
- 4-Man Bobsled
- 2-Woman Bobsled
- Women’s Monobob (Part of Women’s Monobob World Series)
- Men’s Skeleton
- Women’s Skeleton

Medals awarded to the top three finishers in each race. Timing scored to 1/100th of a second.

REGISTRATION DEADLINE: It is the National Federation’s responsibility to enter its athletes through the IBSF’s online system at http://ibsf.sportresult.com/Login.aspx. The deadline for submission is five (5) days before the first team captain’s meeting. This must include all NF athletes and staff members. There will be no exceptions if you miss the deadline.

LIABILITY
All athletes, officials and other members of the national association who attend and participate in this event do so at their own risk. The Organizing Committee shall not be responsible for any loss or injuries incurred or suffered by any athlete or official in conjunction with the organization or staging of the event. All athletes will be required to sign a waiver prior to sliding.

ENTRY FEES
All race entry fees will be paid electronically; exact details of how to pay will be communicated prior to the event.
- Men’s Bobsled: €20 per athlete per race ($25.00 USD)
- Women’s Bobsled: €20 per athlete per race ($25.00 USD)
- Skeleton: €25 per athlete per race ($31.00 USD)

HOUSING
Expenses and reservations for housing and transportation are the responsibility of each team/federation. A wide range of local accommodations can be found HERE

OPTC Housing:
Due to the global pandemic, the OPTC is not hosting international athletes for the foreseeable future. At this time they are able to accommodate Team USA Athletes who are Beijing and Tokyo bound only.

SLED STORAGE
Limited bobsled storage is available. Advance reservation is required. Reservations may be made by contacting Zach Catillaz at (518)-534-2937 or osctiming@orda.org

Lake Placid Sliding Center Address:
Lake Placid Sliding Center at Mt. Van Hoevenberg
220 Bobsled Lane, Lake Placid, NY 12946   USA
Tel. (518) 523-4436

RACE OFFICE
The race office will be located at the Finish Building at the Lake Placid Sliding Center.

MEETING LOCATIONS
All Team Meetings are remote. Login details will be communicated on the meeting date directly to Team Captains and Hygiene Officers by Nicola Minichiello (NAC Coordinator)

National Interest Exemption Waiver:
In order to prevent the spread of COVID-19 the US States of America by foreign nationals, regardless of Government is restricting entry into the United citizenship, who have had a physical presence in a
restricted nation at any point in the 14 days before their arrival. Foreign nationals (excluding legal permanent residents) may not enter without receiving a National Interest Exemption 212(f) waiver from the Department of Homeland Security.

The following countries are restricted: Asia/Middle East: China and Iran Europe: Austria, Belgium, Czech Republic, Denmark, Estonia, Finland, France, Germany, Greece, Hungary, Iceland, Ireland, Italy, Latvia, Liechtenstein, Lithuania, Luxembourg, Malta, Netherlands, Norway, Poland, Portugal, Slovakia, Slovenia, Spain, Sweden, Switzerland, and the U.K. South America: Brazil

For an up to date list of restricted countries please visit this link.

Note: Transit through any of the listed nations (ex: flight lay-over) constitutes as having a physical presence.

U.S. Olympic & Paralympic Committee National Interest Exemption for Events and Training:

On August 11, 2020, DHS issued a National Interest Exemption notice to the USOPC for international athletes, essential staff, and their dependents participating in senior-level international competitions and training. The Government Relations office is facilitating the waivers through U.S. Customs and Border Protection.

Instructions for NGBs:

1. Complete the waiver request spreadsheet (included) for each traveler(s) at least seven (7) days prior to the expected arrival to the United States. Note: if the traveler(s) needs to secure a visa in addition to a travel waiver, submit the waiver request at the same time as the visa application. Send the completed request myaniro@orda.org.

2. Within 72 hours of submission, the USOPC will notify the NGB of the waiver status. When clearance is granted, the USOPC will provide a confirmation letter as evidence of a 212(f) waiver.

3. Advise the traveler(s) to check the information on the U.S. Embassy website in the country where they reside. Each embassy may have specific instructions for individuals to travel on a National Interest Exemption. If asked, the traveler(s) should provide the USOPC waiver confirmation letter.

Additional Information:

The waiver, if granted, does not exempt travelers from inspection by U.S. Customs and Border Protection or exempt them from standard entry requirements, including visa, passport, and any other necessary documentation requirements.

Waivers are valid for multiple entries as long as the purpose of the trip is pertinent to the NGB/event organizer. Waivers are valid for 1 year.

CBP recommends limiting the amount of travel and following CDC guidelines to minimize exposure.
2021 LAKE PLACID NORTH AMERICAN CUP
Men’s & Women’s Bobsled & Skeleton
Women’s Monobob
January 28 – February 5, Lake Placid, NY  USA

Covid-19 Prevention Information:
IBSF Covid-19 Coordinator: Nicola Minichiello / Nicola.minichiello@ibsf.org
Race Organizer Covid-19 Coordinator: Deb Pica / dpica@orda.org

New York State Mandatory Pre-Arrival Testing
All travelers from a noncontiguous state, US territory or CDC level 2 and higher country wishing to test out of the mandatory 10-day quarantine complete the following steps:

• Obtain a Covid test (any form) within 72 hours (3 days) of departure and prior to arriving in New York State.
• A copy of your test result must also be emailed to dpica@orda.org prior to arrival.
• Upon arrival to New York the traveler must quarantine for a period of 72 hours (3 days).
• On the fourth day of quarantine, the traveler must obtain second Covid test.
• If both tests come back negative, the traveler may exit the 10-day quarantine early upon receipt of the second negative test.

Please refer to the Mt. Van Hoevenberg Covid-19 Guidelines for further information on pre-arrival testing.

Covid-19 Event Testing Schedule in Lake Placid:

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Thursday, January 28th- Bobsled</td>
<td>18:00</td>
<td></td>
</tr>
<tr>
<td>Monday, February 1st- Bobsled</td>
<td>18:00</td>
<td>Olympic Jumping Complex Base Lodge- 1st Floor</td>
</tr>
<tr>
<td>Monday, February 1st- Skeleton</td>
<td>19:00</td>
<td></td>
</tr>
</tbody>
</table>

All IBSF, New York State and Event/Venue Covid Protocols are available on our North American Cup Bobsled & Skeleton website: WIP

During this pandemic we all must be vigilant. Being socially distant whenever possible, wearing face coverings always and following proper hygiene recommendations will contribute to the success of the North American Cup. The better we follow these guidelines the less chance for one positive result to affect the entire competition.
# 2021 LAKE PLACID NORTH AMERICAN CUP
Men’s & Women’s Bobsled & Skeleton  
Women’s Monobob  
January 28 – February 5, Lake Placid, NY  
USA

## EVENT SCHEDULE
As of January 22nd, 2021 - (Subject to Change)

<table>
<thead>
<tr>
<th>Day</th>
<th>Event</th>
<th>Time</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Monday, January 25</strong></td>
<td>Bobsled Arrival &amp; 72 Hour Quarantine</td>
<td>All Day</td>
<td>Lodging Quarters</td>
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<tr>
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<tr>
<td><strong>Tuesday, January 26</strong></td>
<td>Bobsled 72 Hour Quarantine</td>
<td>All Day</td>
<td>Lodging Quarters</td>
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<tr>
<td><strong>Wednesday, January 27</strong></td>
<td>Bobsled 72 Hour Quarantine</td>
<td>All Day</td>
<td>Lodging Quarters</td>
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<tr>
<td><strong>Thursday, January 28</strong></td>
<td>TCM- Bobsled</td>
<td>13:00 (Approx.)</td>
<td>Remote via Zoom</td>
</tr>
<tr>
<td></td>
<td>Covid Testing- Bobsled</td>
<td>18:00</td>
<td>OJC Intervales Lodge</td>
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</tr>
<tr>
<td><strong>Friday, January 29</strong></td>
<td>Skeleton Arrival &amp; 72 Hour Quarantine</td>
<td>All Day</td>
<td>Lodging Quarters</td>
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<tr>
<td></td>
<td>Track Walk</td>
<td>09:00-10:00</td>
<td>LPSC</td>
</tr>
<tr>
<td></td>
<td>Bobsled Official Training – 3 Runs</td>
<td>10:00-12:00</td>
<td>LPSC</td>
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<tr>
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</tr>
<tr>
<td><strong>Saturday, January 30</strong></td>
<td>Skeleton 72 Hour Quarantine</td>
<td>All Day</td>
<td>Lodging Quarters</td>
</tr>
<tr>
<td></td>
<td>Track Walk</td>
<td>09:00-10:00</td>
<td>LPSC</td>
</tr>
<tr>
<td></td>
<td>Bobsled Official Training – 3 Runs</td>
<td>10:00-12:00</td>
<td>LPSC</td>
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<tr>
<td><strong>Sunday, January 31</strong></td>
<td>Skeleton 72 Hour Quarantine</td>
<td>All Day</td>
<td>Lodging Quarters</td>
</tr>
<tr>
<td></td>
<td>Track Walk</td>
<td>09:00-10:00</td>
<td>LPSC</td>
</tr>
<tr>
<td></td>
<td>Bobsled Official Training – 2 Runs</td>
<td>10:00-12:00</td>
<td>LPSC</td>
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<tr>
<td></td>
<td>TCM/Draw- Bobsled</td>
<td>14:00</td>
<td>Remote via Zoom</td>
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<tr>
<td><strong>Monday, February 1</strong></td>
<td>2-Man Bobsled Race #4</td>
<td>Women’s Mono Race #4</td>
<td>10:00-12:00</td>
</tr>
<tr>
<td></td>
<td>Awards: 2-Man and Women’s Mono</td>
<td>Immediately After Race</td>
<td>Finish Deck</td>
</tr>
<tr>
<td></td>
<td>Skeleton TCM</td>
<td>15:00 (Approx.)</td>
<td>Remote via Zoom</td>
</tr>
<tr>
<td></td>
<td>Bobsled Covid Testing</td>
<td>18:00</td>
<td>OJC Intervales Lodge</td>
</tr>
<tr>
<td></td>
<td>Skeleton Covid Testing</td>
<td>19:00</td>
<td>OJC Intervales Lodge</td>
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<tr>
<td><strong>Tuesday, February 2</strong></td>
<td>Track Walk</td>
<td>08:00-09:00</td>
<td>LPSC</td>
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<tr>
<td></td>
<td>Skeleton Official Training – 3 Runs</td>
<td>09:00-12:00</td>
<td>LPSC</td>
</tr>
<tr>
<td></td>
<td>2-Man Bobsled Race #5</td>
<td>Women’s Mono Race #5</td>
<td>13:30-15:30</td>
</tr>
<tr>
<td></td>
<td>Awards: 2-Man and Women’s Mono</td>
<td>Immediately After Race</td>
<td>Finish Deck</td>
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<tr>
<td><strong>Wednesday, February 3</strong></td>
<td>Track Walk</td>
<td>08:00-09:00</td>
<td>LPSC</td>
</tr>
<tr>
<td></td>
<td>Skeleton Official Training – 3 Runs</td>
<td>09:00-12:00</td>
<td>LPSC</td>
</tr>
<tr>
<td></td>
<td>4-Man &amp; 2-Woman Bobsled Race #4</td>
<td>13:30-15:30</td>
<td>LPSC</td>
</tr>
<tr>
<td></td>
<td>Skeleton TCM/Draw</td>
<td>14:00</td>
<td>Remote via Zoom</td>
</tr>
</tbody>
</table>
## 2021 LAKE PLACID NORTH AMERICAN CUP

**Men’s & Women’s Bobsled & Skeleton**  
**Women’s Monobob**  
January 28 – February 5, Lake Placid, NY USA

<table>
<thead>
<tr>
<th>Thursday, February 4</th>
<th></th>
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</tr>
</thead>
<tbody>
<tr>
<td>Men’s &amp; Women’s Skeleton Race #4</td>
<td>09:00-12:00</td>
<td>LPSC</td>
</tr>
<tr>
<td>4-Man &amp; 2-Woman’s Bobsled Race #5</td>
<td>13:30-15:30</td>
<td>LPSC</td>
</tr>
<tr>
<td>Awards: 4-Man &amp; 2-Woman</td>
<td>Immediately After Race</td>
<td>Finish Deck</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Friday, February 5</th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Men’s &amp; Women’s Skeleton Race #5</td>
<td>09:00-12:00</td>
<td>LPSC</td>
</tr>
<tr>
<td>Awards: Men’s &amp; Women’s Skeleton</td>
<td>Immediately After Race</td>
<td>Finish Deck</td>
</tr>
</tbody>
</table>