The Norwegian Luge, Bob and Skeleton Federation cordially invites your nation, as a member of the International Bobsleigh and Skeleton Federation, to participate in the:

**IBSF Europe Cup bobsleigh and skeleton**

Lillehammer – Norway

Lillehammer Olympic Bobsleigh and Luge Track

Bobsleigh: 5th.- 14th. Nov, 2021
Skeleton: 7th.- 13th. Nov, 2021

Sanctioning body: International Bobsleigh and Skeleton Federation (IBSF)
Organizer: The Norwegian Luge, Bob and Skeleton Federation (NABSF)
Local Organizer: The Norwegian Luge, bob and Skeleton Federation and Troll Bobteam Hunderfossen

**Organization Office**
Phone: 0047 997 037 52
Email: office@nabsf.no
Address: Kleivbakken 9, 2618 Lillehammer

**Track Office**
Phone: 0047 950 06 004
Email: stian.sonsteli@olympiaparken.no
Address: Hunderfossvegen 680, 2625 Fåberg

**Event Manager**
Åshild Høva Sporsheim aashild@nabsf.no

**COVID19-Information:**
At the federation of Norways website http://www.nabsf.no/europa-cup-bob-og-skeleton-11-14-nov/, you will find information about the sanitary protocol for the EC, the support letter you need and links for traveling to Norway.

Teamstaff and athletes are exempt for travel quarantine if:
- You are fully vaccinated or have had COVID-19 during the preceding six months (counting from the day your positive test was sampled, and no longer in isolation) and
- You can document this via a valid COVID-19 certificate.
In such case, you do not need to provide documentation of a negative test for the coronavirus, nor do you need to fill in the travel registration form or take a test at the border.

If you come from a country outside the EU/EEA/Schengen that is not approved as part of the EU Digital COVID Certificate scheme, your COVID-19 certificate will not be accepted as documentation and you will have to follow the same process than non-vaccinated participants. All the teamstaff and athletes have got exceptions from the entry quarantine. Please read the sanitary control document and familiarize yourself with the entry rules and also get to know the rules for leaving Norway to your next destination.

Please note: Persons in the entry quarantine must stay in their own home or other suitable place of residence where it is possible to avoid close contact with others, with private rooms, their own bathroom and their own kitchen or food service.

Be aware: Both documents may be adjusted from time to time, subject to the evolution of the pandemic.

PLEASE send in to aashild@nabsf.no as soon you know which day you arrive Norway, this is important, because we need to plan the PCR test for the persons who will be in a quarantine.

**COVID19-Testing:**

The Covid-19 testing set by the IBSF will take place at the finish house, ground floor, of the Lillehammer track. Time slots will be distributed in time to the team captains via mail

*Entry to the premises of the track AFTER the first “COVID19-on site tests” will only be permitted with a valid accreditation.*

Hygiene Officer

Åshild Høva Sporsheim aashild@nabsf.no
Europe Cup Coordinator/BOB  Peter Hell

Jury President, bobsleigh  Gatis Guts/LAT

Jury Members, bobsleigh  Helmut Zwerger/AUT and Dirk Sielaff/GER

Materialcontroll, bobsleigh  Martins Kirkis/LAT and Hermann Gigacher/AUT

Europe Cup Coordinator/SKN  Roland Gruber

Jury President, skeleton  Susanne Wipraechtiger/SUI

Jury Members, skeleton  Silvio Hunger/SUI and Stefan Kissner/GER

Materialcontroll, skeleton  Manfred Syring/GER and Erich Mariacher/AUT

IBSF Hygiene Officer  Manfred Maier

Race Director  Linda Bye Kristiansen  linda.byekristiansen@gmail.com

Track Manager  Stian Sønsteli  stian.sonsteli@olympiaparken.no

Track Responsible  Morten Paulsen  morten.paulsen@olympiaparken.no

Medical Service  Medic Øst
Phone: 0047 975 14 779, Email: marius@medicost.no

Timing System  Swiss Timing / Omega 100th / Second

Awards  Medals awarded from 1st to 3rd place

Rules  The races are conducted according to the IBSF rules.

Participation  According to IBSF rules

License  Each participant must have the electronic IBSF license,

Insurance  Each of the participants must have valid and sufficient insurance against illness, accidents and personal liability taken out by themselves or the National federation. The National Federation confirms the existence of these insurances by entry. The organizer accepts no liability.
Liability

All athletes, officials and other members of the National Association who attend and participate in the event do so at their own risk. The organizer is not responsible for any loss or injuries incurred or suffered by an athlete or official in conjunction with the organization or staging of the event. All athletes and staff are required to be covered by insurance against accidents deriving from the practice of bobsleigh and/or skeleton racing, including civil damages to third parties, for transport by ambulance, medical treatment and hospital treatment.

Registration

Only online: ibsf.sportresult.com according to IBSF Rules 2021


Entry Fees & payment

Women’s Monobob €20,00
2-man Bobsleigh / 2-woman Bobsleigh €40,00
4-man Bobleigh € 80,00
Skeleton € 25,00

Please pay the entry fee prior to the first team captain meeting to Norwegian Luge, Bob and Skeleton Federation
BIC: DNBANOKKXXX
IBAN: NO9271620447158

Accommodation

Each team and nation is responsible for booking accommodation. We recommend Hafjell Hotell. https://www.hafjellhotell.no/ and Scandic Hafjell https://www.scandichotels.com/hotels/norway/lillehammer/scandic-hafjell. Other accommodations in the area; Nermo Hotel and Hunderfossen Hotell and Resort.

Doping Control

Doping control may be conducted in accordance with the rules and regulations set forth by the IBSF, ADNO and WADA.

Other information

Gym center – Haakons Hall Sport center tel: +47 61 05 42 00 / www.olympiaparken.no
Swimming hall - Jorekstad: +47 61 05 70 60 / www.jorekstad.no
Emergency medical center – Lillehammer tel: +47 116117
phone number: 110 (fire) - 112 (police) - 113 (medical)

Paid training

Paid training will be offered by the track, this may be booked directly with Stian Sønsteli, stian.sonsteli@olympiaparken.no
### Schedule/bobsleigh – team captain meeting will be held remotely:

<table>
<thead>
<tr>
<th>Date</th>
<th>Day</th>
<th>Time</th>
<th>Men's &amp; Women's Bobsleigh Group I</th>
<th>Time</th>
<th>Men's &amp; Women's Bobsleigh Group II</th>
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<tr>
<td>05.11.2021</td>
<td>fri</td>
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<td>14:00 - 18:00</td>
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<td>19:00</td>
<td>TCM</td>
<td>19:00</td>
<td>TCM</td>
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<tr>
<td>08.11.2021</td>
<td>mon</td>
<td>13:00</td>
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<td>13:00</td>
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<tr>
<td>09.11.2021</td>
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<tr>
<td>11.11.2021</td>
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<td>1. EC 2-man</td>
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<td>1. Women’s Monobob race</td>
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<tr>
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<td>2. EC 2-man</td>
<td>13:00</td>
<td>2. Women’s Monobob race</td>
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<td>1. EC 4-man</td>
<td>13:00</td>
<td>1. EC 2-woman</td>
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<td>2. EC 4-man</td>
<td>09:00</td>
<td>2. EC 2-woman</td>
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### Schedule/skeleton – team captain meeting will be held remotely:

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<th>Time</th>
<th>Men's &amp; Women's Skeleton Group II</th>
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<td>1. EC</td>
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Welcome to Lillehammer, Norway!