



The Norwegian Luge, Bob and Skeleton Federation cordially invites your nation, as a member of the International Bobsleigh and Skeleton Federation, to participate in the:

IBSF Europe Cup bobsleigh and skeleton

Lillehammer – Norway

Lillehammer Olympic Bobsleigh and Luge Track

Bobsleigh: 5th.- 14th. Nov, 2021

Skeleton: 7th.- 13th. Nov, 2021

Sanctioning body	International Bobsleigh and Skeleton Federation (IBSF)
Organizer	The Norwegian Luge, Bob and Skeleton Federation (NABSF)
Local Organizer Bobteam Hunderfossen	The Norwegian Luge, bob and Skeleton Federation and Troll
Organization Office	Phone: 0047 997 037 52
Email:	office@nabsf.no
Address:	Kleivbakken 9, 2618 Lillehammer
Track Office	Phone: 0047 950 06 004
Email:	stian.sonsteli@olympiaparken.no
Address:	Hunderfossvegen 680, 2625 Fåberg
Event Manager	Åshild Høva Sporsheim aashild@nabsf.no

COVID19-Information:

At the federation of Norway's website <http://www.nabsf.no/europa-cup-bob-og-skeleton-11-14-nov/>, you will find information about the sanitary protocol for the EC, the support letter you need and links for traveling to Norway.

Teamstaff and athletes are exempt for travel quarantine if
- You are fully vaccinated or have had COVID-19 during the preceding six months (counting from the day your positive test was sampled, and no longer in isolation) and
- You can document this via a valid COVID-19 certificate.



NORWAYSLIDING

#norwaysliding | @nabsf



In such case, you do not need to provide documentation of a negative test for the coronavirus, nor do you need to fill in the travel registration form or take a test at the border.

If you come from a country outside the EU/EEA/Schengen that is not approved as part of the EU Digital COVID Certificate scheme, your COVID-19 certificate will not be accepted as documentation and you will have to follow the same process than non-vaccinated participants. All the teamstaff and athletes have got exceptions from the entry quarantine. Please read the sanitary control document and familiarize yourself with the entry rules and also get to know the rules for leaving Norway to your next destination.

Please note: Persons in the entry quarantine must stay in their own home or other suitable place of residence where it is possible to avoid close contact with others, with private rooms, their own bathroom and their own kitchen or food service.

Be aware: Both documents may be adjusted from time to time, subject to the evolution of the pandemic.

PLEASE send in to aashild@nabsf.no as soon you know which day you arrive Norway, this is important, because we need to plan the PCR test for the persons who will be in a quarantine.

COVID19-Testing:

The Covid-19 testing set by the IBSF will take place at the finish house, **ground floor**, of the Lillehammer track. Time slots will be distributed in time to the team captains via mail

Entry to the premises of the track AFTER the first "COVID19-on site tests" will only be permitted with a valid accreditation.

Hygiene Officer

Åshild Høva Sporsheim aashild@nabsf.no



Europe Cup Coordinator/BOB	Peter Hell
Jury President, bobsleigh	Gatis Guts/LAT
Jury Members, bobsleigh	Helmut Zwerger/AUT and Dirk Sielaff/GER
Materialcontroll, bobsleigh	Martins Kirkis/LAT and Hermann Gigacher/AUT
Europe Cup Coordinator/SKN	Roland Gruber
Jury President, skeleton	Susanne Wipraechtiger/SUI
Jury Members, skeleton	Silvio Hunger/SUI and Stefan Kissner/GER
Materialcontroll, skeleton	Manfred Syring/GER and Erich Mariacher/AUT
IBSF Hygiene Officer	Manfred Maier
Race Director	Linda Bye Kristiansen linda.bye.kristiansen@gmail.com
Track Manager	Stian Sønsteli stian.sonsteli@olympiaparken.no
Track Responsible	Morten Paulsen morten.paulsen@olympiaparken.no
Medical Service	Medic Øst Phone: 0047 975 14 779, Email: marius@medicost.no
Timing System	Swiss Timing / Omega 100 th / Second
Awards	Medals awarded from 1 st to 3 th place
Rules	The races are conducted according to the IBSF rules. https://www.ibsf.org/en/inside-ibsf/downloads
Participation	According to IBSF rules
License	Each participant must have the electronic IBSF license,
Insurance	Each of the participants must have valid and sufficient insurance against illness, accidents and personal liability taken out by themselves or the National federation. The National Federation confirms the existence of these insurances by entry. The organizer accepts no liability.



Liability	All athletes, officials and other members of the National Association who attend and participate in the event do so at their own risk. The organizer is not responsible for any loss or injuries incurred or suffered by an athlete or official in conjunction with the organization or staging of the event. All athletes and staff are required to be covered by insurance against accidents deriving from the practice of bobsleigh and/or skeleton racing, including civil damages to third parties, for transport by ambulance, medical treatment and hospital treatment.
Registration	Only online: ibsf.sportresult.com according to IBSF Rules 2021
Registration deadline	31. Oct, 2021/Bobsleigh – 02. Nov, 2021/Skeleton
Entry Fees & payment	Women's Monobob €20,00 2-man Bobsleigh / 2-woman Bobsleigh €40,00 4-man Bobsleigh € 80,00 Skeleton € 25,00
	Please pay the entry fee <i>prior to the first team captain meeting</i> to Norwegian Luge, Bob and Skeleton Federation BIC: DNBANOKKXXX IBAN: NO9271620447158
Accommodation	Each team and nation is responsible for booking accommodation. We recommend Hafjell Hotell. https://www.hafjellhotell.no/ and Scandic Hafjell https://www.scandichotels.com/hotels/norway/lillehammer/scandic-hafjell . Other accommodations in the area; Nermo Hotel and Hunderfossen Hotell and Resort .
Doping Control	Doping control may be conducted in accordance with the rules and regulations set forth by the IBSF, ADNO and WADA.
Other information	Gym center – Haakons Hall Sport center tel: +47 61 05 42 00 / www.olympiaparken.no Swimming hall - Jorekstad: +47 61 05 70 60 / www.jorekstad.no Emergency medical center – Lillehammer tel: +47 116117 phone number: 110 (fire) - 112 (police) - 113 (medical)
Paid training	Paid training will be offered by the track, this may be booked directly with Stian Sønsteli, stian.sonsteli@olympiaparken.no





Schedule/bobsleigh – team captain meeting will be held remotely:

Date	Day	Time	Men's & Women's Bobsleigh Group I	Time	Men's & Women's Bobsleigh Group II
05.11.2021	fri	14:00 - 18:00	COVID19-testing	14:00 - 18:00	COVID19-testing
		19:00	TCM	19:00	TCM
06.11.2021	sat	13:00	2 TR	13:00	2 TR
07.11.2021	sun	13:00	2 TR	13:00	2 TR
08.11.2021	mon	13:00	2 TR	13:00	2 TR
09.11.2021	tue	13:00	2 TR	13:00	2 TR
		16:00 - 19:00	COVID19-testing	16:00 - 19:00	COVID19-testing
10.11.2021	wed	13:00	2 TR/TCM	13:00	2 TR/TCM
11.11.2021	thu	13:00	1. EC 2-man	13:00	1. Women's Monobob race
12.11.2021	fri	13:00	2. EC 2-man	13:00	2. Women's Monobob race
13.11.2021	sat	13:00	1. EC 4-man	13:00	1. EC 2-woman
14.11.2021	sun	09:00	2. EC 4-man	09:00	2. EC 2-woman

schedule/skeleton - team captain meeting will be held remotely:

Date	Day	Time	Men's & Women's Skeleton Group I	Time	Men's & Women's Skeleton Group II
07.11.2021	sun	17:30 - 19:00	COVID19-testing	17:30 - 19:00	COVID19-testing
		20:00	TCM	20:00	TCM
08.11.2021	mon	08:30	2 TR	08:30	2 TR
09.11.2021	tue	08:30	2 TR	08:30	2 TR
10.11.2021	wed	08:30	2 TR	08:30	2 TR
11.11.2021	thu	08:30	2 TR / TCM	08:30	2 TR / TCM
		10:30 - 11:30	COVID19-testing	10:30 - 11:30	COVID19-testing
12.11.2021	fri	08:30	1. EC	08:30	1. EC
13.11.2021	sat	08:30	2. EC	08:30	1. EC

Welcome to Lillehammer, Norway!