ORGANIZATION OF THE EVENT
The competition is organized by the Olympic Regional Development Authority.

PARTICIPATION ELIGIBILITY
The competition will be carried out in accordance with International Para Bobsleigh Rules.
All athletes must have a valid IBSF e-license issued by their National Federation.
It is the responsibility of the National Federation to enter athletes for event through the IBSF online system [http://ibsf.sportresult.com](http://ibsf.sportresult.com). The deadline for submission is five days before the first Team Captain’s meeting.

Athletes must have eligible IBSF classification to compete in IBSF Para Sport events. Information on classification for new athletes can be found here under Para Sport Classification: [http://www.ibsf.org/en/downloads](http://www.ibsf.org/en/downloads).

STATEMENT OF LIABILITY
All athletes, officials, and other members of the National Federation who attend and participate in the event do so at their own risk. The organizer shall not be responsible for any loss or injuries incurred or suffered by an athlete or official in conjunction with the organization or staging of the event.

All athletes and staff are required to be covered by insurance against accidents deriving from the practice of bobsleigh racing, including civil damages to third parties, for transport by ambulance, medical treatment, and hospital treatment.

Prior to sliding, all athletes, coaches, and staff must complete a track waiver at the Race Office.

OFFICIALS

- IBSF Jury President Para Bobsleigh: John Napier, USA
- IBSF Jury Member Para Bobsleigh: Ryan Schneider, USA

COMPETITION MANAGEMENT

- Event Manager: Jonah Trembley, USA
- Race Director: Zach Catillaz, USA
- Chief of Track: John Napier, USA
RACE ENTRY FEES

Para Bobsleigh € 500,-- entry fee per athlete. Double race – one entry fee.  
Entry fees are payable to the IBSF. Entry fees must be paid via wire transfer:

Made out to:   IBSF – International Bobsleigh and Skeleton Federation  
Account no.: 0291884.051  
Bank: LGT Bank Ltd. Herrengasse 12 FL-9490 Vaduz  
IBAN: LI05 0881 0000 2918 8405 1  
BIC: BLFLLI2X

Payment transaction must indicate the event name, athlete name, athlete nationality.  
A copy of the payment must be shown to the IBSF Coordinator at the 1st TCM.

TIMING

Swiss Timing / Omega 100th / Second

PRIZES

Prizes will be awarded from 1st to 6th place. An awards banquet will take place at 17:00 on Sunday,  
November 20th in the Mt Pass Lodge at Mt Van Hoevenberg.

COMPETITION RACE OFFICE

The competition Race Office is in the Timing Building located by the lower finish to the Combined Track.

MEDICAL SERVICES

The Organizing Committee will provide medical services during training and competition sliding, in compliance with the IBSF rules.

IBSF SERVICES

The Monobobs will be provided by IBSF. The service regarding the Monobob equipment will be provided by the IBSF mechanics. The coaching will be coordinated by IBSF with the local Race Organizer and provided accordingly. Track walks will be arranged like in previous years.

SLED STORAGE/RENTAL

Mt Van Hoevenberg offers limited sled storage at the track. Reservations can be made by contacting Zach Catillaz, zcatillaz@orda.org, 518.837.5610.

ACCOMMODATION

Expense and reservations for accommodation and transportation are the responsibility of each team/federation. Athletes are responsible for transport to event, including transfers from arrival location (airport/train) to hotel and back to departure location.  
Please get in touch with Jonah Trembley at jtrembley@orda.org if you have any questions.
SCHEDULE

IBSF Para Sport World Cup 2022 Lake Placid, NY

Monday, November 14th, 2022
11:00 Registration Mt Van Hoevenberg Mt Pass Lodge
12:00 Team Captain’s Meeting Mt Van Hoevenberg Mt Pass Lodge
14:00 Track Walk Start One, Combined Track

Tuesday, November 15th, 2022
14:00 3 Training Runs Combined Track, MVH

Wednesday, November 16th, 2022
14:00 3 Training Runs Combined Track, MVH

Thursday, November 17th, 2022
14:00 3 Training Runs Combined Track, MVH

Friday, November 18th, 2022
14:00 3 Training Runs Combined Track, MVH

Saturday, November 19th, 2022
14:00 Para World Cup Race #1 Combined Track, MVH

Sunday, November 20th, 2022
14:00 Para World Cup Race #2 Combined Track, MVH
17:00 Para World Cup Awards Banquet MVH Lodge, Second Floor
COVID-19 REQUIREMENTS
Participants in the World Cup competitions must adhere to the vaccination requirements for travel to the US. Requirements for vaccine status are listed here https://www.cdc.gov/coronavirus/2019-ncov/travelers/noncitizens-US-air-travel.html. In addition, please be prepared to follow local COVID guidelines, subject to change. The latest guidelines are for Essex Country, NY found on the CDC website.

VISAS
To check if your nation requires a visa for entry to the United States, please visit the Department of State website.

Contact lferranti@orda.org to request a visa letter from the Organizing Committee.

At this time foreign nationals entering the US will be required to present the following for entry:
- Passport
- Visa or ESTA
- If over the age of 18: proof of full vaccination against Covid-19

ACCREDIDATION:
Access to the track is only permitted with a validated IBSF-season accreditation. Event access will be granted after showing the event specific credential handed out during registration.

LOCAL HEALTH & FITNESS CLUBS:
Athletes staying at the U.S. Olympic Training Center have full access to the fitness facilities on site. Athletes staying at other local hotel properties will receive special world cup rates by showing event credentials at the following fitness facilities. Please make your reservations directly with the facility upon your arrival.

CrossFit Lake Placid:
2192 Saranac Ave Lake Placid, NY 12946
1-518-302-5597

Fitness Revolution:
1991 Saranac Ave Lake Placid, NY 12946
1-518-523-4127
Discounted to $10 USD per day.

CONTACT INFORMATION:
Any questions or concerns should be directed to Jonah Trembley, Event Manager at jtrembley@orda.org or 1-(518)-524-2117.
Bobsled Training Splits

- 50m: 50m/50m
- 1-2: 115m/65m
- 2-3: 200m/85m
- 4-5: 345m/145m
- 9-10: 610m/265m
- 10-11: 735m/125m
- 12-13: 870m/135m
- 13-14: 930m/60m
- 14-15: 1010m/80m
- 15-16: 1075m/65m
- 18-19: 1275m/200m
- 19-20: 1400m/125m
- Finish: 1490m/206m

Race Splits

- 50m
- 4-5
- 9-10
- 14-15
- 18-19
- Finish
- Speed – Curve 14

Speeds km/h

- Speed 1 – 50m
- Speed 2 – Curve 1
- Speed 3 – Curve 10
- Speed 4 – Curve 14