



**IBSF PARA SPORT WORLD CUP 2022/2023**  
**November 14<sup>th</sup> to 20<sup>th</sup>, 2022**  
**LAKE PLACID, NY INVITATION**

**ORGANIZATION OF THE EVENT**

The competition is organized by the Olympic Regional Development Authority.

**PARTICIPATION ELIGIBILITY**

The competition will be carried out in accordance with International Para Bobsleigh Rules. All athletes must have a valid IBSF e-license issued by their National Federation. It is the responsibility of the National Federation to enter athletes for event through the IBSF online system <http://ibsf.sportresult.com>. The deadline for submission is five days before the first Team Captain's meeting.

Athletes must have eligible IBSF classification to compete in IBSF Para Sport events. Information on classification for new athletes can be found here under Para Sport Classification: <http://www.ibsf.org/en/downloads>.

**STATEMENT OF LIABILITY**

All athletes, officials, and other members of the National Federation who attend and participate in the event do so at their own risk. The organizer shall not be responsible for any loss or injuries incurred or suffered by an athlete or official in conjunction with the organization or staging of the event.

All athletes and staff are required to be covered by insurance against accidents deriving from the practice of bobsleigh racing, including civil damages to third parties, for transport by ambulance, medical treatment, and hospital treatment.

Prior to sliding, all athletes, coaches, and staff must complete a track waiver at the Race Office.

**OFFICIALS**

IBSF Jury President Para Bobsleigh - John Napier, USA  
IBSF Jury Member Para Bobsleigh - Ryan Schneider, USA

**COMPETITION MANAGEMENT**

Event Manager - Jonah Trembley, USA  
Race Director - Zach Catillaz, USA  
Chief of Track - John Napier, USA

## **RACE ENTRY FEES**

Para Bobsleigh € 500,-- entry fee per athlete. Double race – one entry fee.  
Entry fees are payable to the IBSF. Entry fees must be paid via wire transfer:

Made out to: IBSF – International Bobsleigh and Skeleton Federation  
Account no.: 0291884.051  
Bank: LGT Bank Ltd. Herrengasse 12 FL-9490 Vaduz  
IBAN: LI05 0881 0000 2918 8405 1  
BIC: BLFLLI2X

Payment transaction must indicate the event name, athlete name, athlete nationality.  
A copy of the payment must be shown to the IBSF Coordinator at the 1st TCM.

## **TIMING**

Swiss Timing / Omega 100th / Second

## **PRIZES**

Prizes will be awarded from 1<sup>st</sup> to 6<sup>th</sup> place. An awards banquet will take place at 17:00 on Sunday, November 20<sup>th</sup> in the Mt Pass Lodge at Mt Van Hoesenberg.

## **COMPETITION RACE OFFICE**

The competition Race Office is in the Timing Building located by the lower finish to the Combined Track.

## **MEDICAL SERVICES**

The Organizing Committee will provide medical services during training and competition sliding, in compliance with the IBSF rules.

## **IBSF SERVICES**

The Monobobs will be provided by IBSF. The service regarding the Monobob equipment will be provided by the IBSF mechanics. The coaching will be coordinated by IBSF with the local Race Organizer and provided accordingly. Track walks will be arranged like in previous years.

## **SLED STORAGE/RENTAL**

Mt Van Hoesenberg offers limited sled storage at the track. Reservations can be made by contacting Zach Catillaz, [zcatillaz@orda.org](mailto:zcatillaz@orda.org), 518.837.5610.

## **ACCOMMODATION**

Expense and reservations for accommodation and transportation are the responsibility of each team/federation. Athletes are responsible for transport to event, including transfers from arrival location (airport/train) to hotel and back to departure location.

Please get in touch with Jonah Trembley at [jtrembley@orda.org](mailto:jtrembley@orda.org) if you have any questions.

## SCHEDULE

### IBSF Para Sport World Cup 2022 Lake Placid, NY

#### **Monday, November 14<sup>th</sup>, 2022**

11:00 Registration	Mt Van Hoevenberg Mt Pass Lodge
12:00 Team Captain's Meeting	Mt Van Hoevenberg Mt Pass Lodge
14:00 Track Walk	Start One, Combined Track

#### **Tuesday, November 15<sup>th</sup>, 2022**

14:00 3 Training Runs	Combined Track, MVH
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#### **Wednesday, November 16<sup>th</sup>, 2022**

14:00 3 Training Runs	Combined Track, MVH
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#### **Thursday, November 17<sup>th</sup>, 2022**

14:00 3 Training Runs	Combined Track, MVH
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#### **Friday, November 18<sup>th</sup>, 2022**

14:00 3 Training Runs	Combined Track, MVH
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#### **Saturday, November 19<sup>th</sup>, 2022**

<b>14:00 Para World Cup Race #1</b>	Combined Track, MVH
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#### **Sunday, November 20<sup>th</sup>, 2022**

<b>14:00 Para World Cup Race #2</b>	Combined Track, MVH
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17:00 Para World Cup Awards Banquet	MVH Lodge, Second Floor
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## **COVID-19 REQUIREMENTS**

Participants in the World Cup competitions must adhere to the vaccination requirements for travel to the US. Requirements for vaccine status are listed here <https://www.cdc.gov/coronavirus/2019-ncov/travelers/noncitizens-US-air-travel.html> . In addition, please be prepared to follow local COVID guidelines, subject to change. The latest guidelines are for Essex County, NY found on the CDC website.

## **VISAS**

To check if your nation requires a visa for entry to the United States, please visit the [Department of State website](#).

Contact [lferranti@orda.org](mailto:lferranti@orda.org) to request a visa letter from the Organizing Committee.

At this time foreign nationals entering the US will be required to present the following for entry:

- Passport
- Visa or ESTA
- **If over the age of 18: proof of full vaccination against Covid-19**

## **ACCREDITATION:**

Access to the track is only permitted with a validated IBSF-season accreditation. Event access will be granted after showing the event specific credential handed out during registration.

## **LOCAL HEALTH & FITNESS CLUBS:**

Athletes staying at the U.S. Olympic Training Center have full access to the fitness facilities on site. Athletes staying at other local hotel properties will receive special world cup rates by showing event credentials at the following fitness facilities. Please make your reservations directly with the facility upon your arrival.

### **CrossFit Lake Placid:**

2192 Saranac Ave Lake Placid, NY 12946

1-518-302-5597

### **Fitness Revolution:**

1991 Saranac Ave Lake Placid, NY 12946

1-518-523-4127

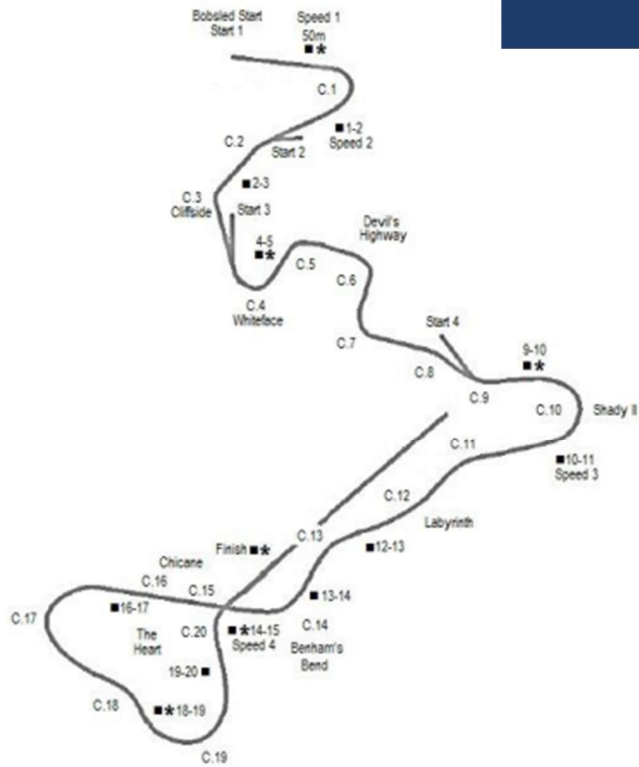
Discounted to \$10 USD per day.

## **CONTACT INFORMATION:**

Any questions or concerns should be directed to Jonah Trembley, Event Manager at [jtrembley@orda.org](mailto:jtrembley@orda.org) or 1-(518)-524-2117.



# MT VAN HOEVENBERG



## Bobsled Training Splits

- 50m: 50m/ 50m
- 1-2: 115m/ 65m
- 2-3: 200m/ 85m
- 4-5: 345m/ 145m
- 9-10: 610m/ 265m
- 10-11: 735m/ 125m
- 12-13: 870m/ 135m
- 13-14: 930m/ 60m
- 14-15: 1010m/ 80m
- 16-17: 1075m/ 65m
- 18-19: 1275m/ 200m
- 19-20: 1400m/ 125m
- Finish: 1480m/ 205m

## Speeds km/h

- Speed 1 – 50m
- Speed 2 – Curve 1
- Speed 3 – Curve 10
- Speed 4 – Curve 14

## RACE SPLITS

- 50m
- 4-5
- 9-10
- 14-15
- 18-19
- Finish
- Speed – Curve 14