



The Norwegian Luge, Bob and Skeleton Federation cordially invites your nation, as a member of the International Bobsleigh and Skeleton Federation, to participate in the:

# IBSF Europe Cup Bobsleigh and Skeleton

## Lillehammer – Norway

Lillehammer Olympic Bobsleigh and Luge Track

Bobsleigh: 12<sup>th</sup>. - 20<sup>th</sup>. Nov, 2022

Skeleton: 14<sup>th</sup>. - 19<sup>th</sup>. Nov, 2022

Sanctioning body	International Bobsleigh and Skeleton Federation (IBSF)
Organizer	The Norwegian Luge, Bob and Skeleton Federation (NABSF)
Local Organizer Bobteam Hunderfossen	The Norwegian Luge, bob and Skeleton Federation and Troll
Organization Office	Phone: 0047 997 037 52
Email:	<a href="mailto:office@nabsf.no">office@nabsf.no</a>
Address:	Kleivbakken 9, 2618 Lillehammer
Track Office	Phone:
Email:	<a href="mailto:anne.jorun.smikop@olympiaparken.no">anne.jorun.smikop@olympiaparken.no</a>
Address:	Hunderfossvegen 680, 2625 Fåberg
Event Manager	Åshild Høva Sporsheim <a href="mailto:aashild@nabsf.no">aashild@nabsf.no</a>

**COVID19-Information:** At the moment there is no restriction entry Norway



**NORWAYSLIDING**

#norwaysliding | @nabsf



Europe Cup Coordinator/BOB	Peter Hell
Jury President, bobsleigh	Normunds Grava/LAT
Jury Members, bobsleigh	Gatis Guts/LAT & Nicola Istrate/ROU
Material Control, bobsleigh	Christoph Langen/GER, Martins Kirkis/LAT & Per Anders von Scheele/SWE
Europe Cup Coordinator/SKN	Roland Gruber
Jury President, skeleton	Susanne Wipraechtger/SUI
Jury Members, skeleton	Werner Schaedeli/SUI & Alexander Kamitter/GER
Material Control, skeleton	Manfred Syring/GER & Sebastian Machata/GER
IBSF Hygiene Officer	Peter Hell/BOB & Roland Gruber/SKN
Race Director	Linda Bye Kristiansen <a href="mailto:linda.bye.kristiansen@gmail.com">linda.bye.kristiansen@gmail.com</a>
Track Manager	Anne Jorun Smikop <a href="mailto:anne.jorun.smikop@olympiaparken.no">anne.jorun.smikop@olympiaparken.no</a>
Track Responsible	Morten Paulsen <a href="mailto:morten.paulsen@olympiaparken.no">morten.paulsen@olympiaparken.no</a>
Medical Service	Medic Øst Phone: 0047 975 14 779, Email: <a href="mailto:marius@medicost.no">marius@medicost.no</a>
Timing System	Swiss Timing / Omega 100 <sup>th</sup> / Second
Awards	Medals awarded from 1 <sup>st</sup> to 6 <sup>th</sup> place
Rules	The races are conducted according to the IBSF rules. <a href="https://www.ibsf.org/en/inside-ibsf/downloads">https://www.ibsf.org/en/inside-ibsf/downloads</a>
Participation	According to IBSF rules 2022
License	Each participant must have the electronic IBSF license,
Insurance	Each of the participants must have valid and sufficient insurance against illness, accidents and personal liability taken out by themselves or the National federation. The National Federation confirms the existence of these insurances by entry. The organizer accepts no liability.



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Liability	All athletes, officials and other members of the National Association who attend and participate in the event do so at their own risk. The organizer is not responsible for any loss or injuries incurred or suffered by an athlete or official in conjunction with the organization or staging of the event. All athletes and staff are required to be covered by insurance against accidents deriving from the practice of bobsleigh and/or skeleton racing, including civil damages to third parties, for transport by ambulance, medical treatment and hospital treatment.
Registration	Only online: <a href="https://ibsf.sportresult.com">ibsf.sportresult.com</a> according to IBSF Rules 2022
Registration deadline	07.11.2022/Bobsleigh – 09.11.2022/Skeleton
Entry Fees & payment	Women's Monobob € 20,00 2-man Bobsleigh/2-woman Bobsleigh € 40,00 4-man Bobsleigh € 80,00 Skeleton € 25,00 The entry fee must be paid prior first official training at the reception at the finish house. More info will be sent out to the teams here. Credit card only, no cash.
Accommodation	Each team and nation is responsible for booking accommodation. We recommend Hafjell Hotell, <a href="#">Nermo Hotel</a> and <a href="#">Hunderfossen Hotell and Resort</a> .
Doping Control	Doping control may be conducted in accordance with the rules and regulations set forth by the IBSF, ADNO and WADA.
Other information	Gym center – Haakons Hall Sport center tel: +47 61 05 42 00 / <a href="http://www.olympiaparken.no">www.olympiaparken.no</a> Swimming hall - Jorekstad: +47 61 05 70 60 / <a href="http://www.jorekstad.no">www.jorekstad.no</a> Emergency medical center – Lillehammer tel: +47 116117 phone number: 110 (fire) - 112 (police) - 113 (medical)
Paid training	Paid training will be offered by the track, this may be booked directly with Anne Jorun Smikop <a href="mailto:anne.jorun.smikop@olympiaparken.no">anne.jorun.smikop@olympiaparken.no</a>





**Schedule/bobsleigh – team captain meeting will be held remotely:**

Date	Day	Time	Men's & Women's Bobsleigh Group I	Time	Men's & Women's Bobsleigh Group II
12.11.2022	sat	09:00	TCM	09:00	TCM
		15:00	2 TR	15:00	2 TR
13.11.2022	sun	13:00	2 TR	13:00	2 TR
14.11.2022	mon	13:00	2 TR	13:00	2 TR
15.11.2022	tue	13:00	2 TR/TCM	13:00	2 TR/TCM
16.11.2022	wed	13:00	1. EC 2-man	13:00	1. Women's Monobob race
17.11.2022	thu	13:00	2. EC 2-man	13:00	2. Women's Monobob race
18.11.2022	fri	day off		day off	
19.11.2022	sat	13:00	1. EC 4-man	13:00	1. EC 2-woman
20.11.2022	sun	09:00	2. EC 4-man	09:00	2. EC 2-woman

**Schedule/skeleton - team captain meeting will be held remotely:**

Date	Day	Time	Men's & Women's Skeleton Group I	Time	Men's & Women's Skeleton Group II
14.11.2022	mon	20:00	TCM	20:00	TCM
15.11.2022	tue	09:00	2 TR	09:00	2 TR
16.11.2022	wed	08:30	2 TR	08:30	2 TR
17.11.2022	thu	08:30	2 TR / TCM	08:30	2 TR / TCM
18.11.2022	fri	08:30	1. EC	08:30	1.EC
19.11.2022	sat	08:30	2. EC	08:30	2.EC

**Welcome to Lillehammer, Norway!**

status / Stand: 24.10.2022 subject to change / Änderungen vorbehalten