





PARTICIPANT FACTSHEET

Before you Travel



This document is a quick reference guide of the key steps you need to complete before your departure for China.

Step	 When to complete	 Checklist of steps a Games participants must complete and documents to submit in preparation for travelling to China
1	Before you travel	<ul style="list-style-type: none"> ✓ Read and understand Playbook version 2 ✓ Obtain medical treatment and repatriation insurance, including cover for COVID-19 (some stakeholder groups are covered by Beijing 2022) ✓ Book accommodation and make a note of the address (Olympic and Paralympic Villages or Beijing 2022 contracted hotel) ✓ Confirm travel itinerary has been entered via the Arrivals and Departures System, by the deadline ✓ Prepare a list of the people I will spend time with regularly while in China and provide a list to my CLO ✓ Pack enough masks (KN95, N95, FFP2, or equivalent) to last throughout my stay in China ✓ Prepare to bring any relevant medical information (in English original/translated version) with you to the Games ✓ Receive my Pre-Valid Card (PVC) or visa ✓ Download the My 2022 smartphone application and log into the Beijing 2022 Health Monitoring System (HMS) via the app or website https://hms.beijing2022.cn
2	At least 14 days before departure	<ul style="list-style-type: none"> ✓ I'm fully vaccinated at least 14 days before travelling to China or my request for medical exemption from vaccination has been submitted to Beijing 2022 by my organisation's Chief Medical Officer / Medical representative ✓ I'm keeping my physical interactions to a strict minimum during the 14 days before I travel to China ✓ Upload my vaccination certificate to the Beijing 2022 HMS
3	Daily from 14 days before departure	<ul style="list-style-type: none"> ✓ Take my temperature daily and track it in the Beijing 2022 HMS, for the 14 days before my departure for China

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3a	14 days prior to start of Games-time role	<p>Note: Only complete this step if I'm defined as a 'Resident of China' entering the Closed Loop</p> <ul style="list-style-type: none"> ✓ Take my temperature daily and track it in the Beijing 2022 HMS (via the My2022 app or website), for the 14 days prior to the start of my Games-time role
3b	At least 8 working days before departure	<p>Note: Only complete this step if I have been previously infected and recovered from COVID-19</p> <ul style="list-style-type: none"> ✓ Submit a medical/laboratory certificate that proves my infection and recovery to Beijing 2022 phs_1@beijing2022.cn ✓ Submit completed form to Beijing 2022 'For Overseas Games-related Personnel Previously Infected with COVID-19' ✓ I've been informed by Beijing 2022 I am eligible for travel to China, I've received my returned form signed and stamped
4	Within 96 hours of departure	<p>Note: 96 hours of departure of final flight to China (or the final leg of the flights, if travelling indirectly to China)</p> <ul style="list-style-type: none"> ✓ Take all my necessary COVID-19 related tests required to enter China . Everyone must take two PCR tests, one of the two tests must be within 72 hours of departure.
5	After receiving negative test results	<ul style="list-style-type: none"> ✓ Complete the Green Health QR Code online form and upload required documents (including test result certificate) https://hrhk.cs.mfa.gov.cn/H5/ ✓ Take a screenshot of the green QR code to show at the airport
6	Within 24 hours of departure	<ul style="list-style-type: none"> ✓ Check-in for my flight (make a note of my seat number) ✓ Complete the 'Customs Health Declaration QR Code form' https://health.customsapp.com ✓ Take a screenshot of the QR code to show when boarding my flight and on arrival in China