



# International Youth Rules Monobob and Skeleton

All rules listed in the current International Bobsleigh and Skeleton Rules apply equally to Youth Monobob and Skeleton except as explicitly specified in this document.

## Youth Olympic Games Qualification Events

### Monobob and Skeleton

- The qualification system will be run in accordance with the IBSF qualification system document.
- To be eligible to participate in the 2020 Lausanne Youth Olympic games all athletes must have participated in and be ranked in a minimum of three (3) IBSF Youth Qualification races on two (2) different tracks during the official qualification period
- For Youth events a maximum of 3 athletes per gender and per nation are allowed to register in the Monobob discipline and 4 in the Skeleton discipline.
- All participants must have a valid IBSF license.
- Age Limit - Minimum age limit is according to IBSF International rules, maximum age limits are according to YOG QS requirements (athletes must have been born after 1 January 2002).
- Liability - Athletes will need to sign an IBSF and Track specific waiver before sliding which must be given to the IBSF coordinator before the 1<sup>st</sup> TCM. For athletes under 18, these waivers must be signed by a parent/guardian.
- Entry fees are determined by and payable to the IBSF. Entry fees will be announced in the event invitation. Monobob entry fees have to be paid via wire transfer. Upon prior agreement with the IBSF Coordinator, entry fees may be paid prior to the first Team Captains' Meeting on-site.

## Monobob Rules

### Weight

- For men maximum weight of athlete plus ballast = 100kg
- For women maximum weight of athlete plus ballast = 85kg

### Group Allocation

If there are more athletes than available sleds, then the sleds will be shared and the athletes will be assigned to groups based on their IBSF ranking with the highest ranked athletes in group A, then next highest in group B and so on. Each group will have a random draw to assign sled numbers to athletes for that group, with the lowest-ranked athletes in each group sharing sled numbers as required.

Example: There are 13 athletes using 10 sleds. The top 10 ranked athletes will be in Group A and the remaining athletes will be in Group B. If athletes have no ranking points then a random draw will determine their position within the respective groups. Since 3 sleds will have to be shared, a random draw is conducted for the top 7 athletes and these sleds are not shared. A separate random draw is conducted for the final 3 sleds in Group A, and the athletes in Group A and Group B will share these sleds in the order in which they appear in the group (Group A rank 8 shares with Group B rank 1, Group A rank 9 shares with Group B rank 2, etc.)

### Equipment Draw

- Equipment will be shared between groups. Where more than 1 training group takes place, multiple athletes will be sharing the sled and runners.
- At the 1<sup>st</sup> TCM Sled numbers will be drawn electronically (if possible – otherwise manually) for every athlete, for each day of training within the groups according to the IBSF ranking, if no IBSF ranking list exists, the sleds will be drawn alphabetically by Surname.
- For the Youth Olympic Games and Qualification Races each athlete must be drawn into a different sled for every training day; an athlete cannot train in the same sled twice during the duration of the event. For racing an athlete is allocated a sled through a random draw thus could race in a sled that they have previously trained in.

- For the Youth Olympic Games and Qualification Races following the sled allocation the athletes drawn into the sled for the first training day will choose 4 individual runners to make a combination set.
- The runners chosen for each sled at the first TCM will be used as a combination for all training and race days throughout the duration of the event.
- This runner selection will take place in numerical order based on sled numbers, i.e. the athlete/s who draws the lowest sled number will be allowed to choose runners first.
- During the runner selection the runners will be covered apart from the end 10cm. Athletes will not be allowed to handle the runners, only select the runners to complete their set.
- Equipment will consist of a Monobob sled and Monobob runners, which will be provided by the IBSF at the start of each session, alongside the essential tools required for preparation. At the end of each session, the athlete must return all equipment back to the preparation area in the same preparation condition as it was received.
- If during the course of the event it becomes necessary to replace a sled or set of runners, the new equipment will be allocated based on the available possibilities. The possibilities for reallocation will be announced at the first Team Captains meeting.

### **Training Draw for Qualification Races**

For the Qualification Races the allocated sled number will determine the starting order for daily training.

### **Training Draw for Youth Olympic Games**

- For the Youth Olympic Games the allocated sled number will determine the starting order for daily training. The order will run chronologically 1-18 for each day of training.

## Race Draw for Qualification Races

- For racing, the start order will be determined by the **draw based on** IBSF Youth ranking list. If no IBSF ranking list exists the start order will be made on a random draw.
- For a two-heat race the groups will race:
- Heat 1: A-B-(C...)  
Heat 2: (...C)-B-A

## Race Draw for Youth Olympic Games

- The Start order for the first run will be determined by the IBSF Youth ranking list.
- At the final TCM a draw will be made to allocate the sled for the first run of the race.
- Following the first run of the race the sleds will be changed between the athletes'.
- For the second run the athlete ranked in 1<sup>st</sup> place will change sled with the athlete ranked in **18<sup>th</sup>** place, 2<sup>nd</sup> with **17<sup>th</sup>** place etc..

Athlete Run 1 rank	1st	2nd	3rd	4th	5th	6th	7th	8th	9th	10 <sup>th</sup>	11th	12th	13th	14th	15th	16th	17th	18th
Uses sled of athlete rank	18th	17th	16th	15th	14th	13th	12th	11th	10th	9th	8th	7th	6th	5th	4th	3rd	2nd	1st

## Equipment Preparation

- Following each session **a maximum of 1 hour may** be provided for the athletes and Team Captains to prepare the equipment they will use during the next day. Only athletes will be allowed to polish the runners.
- No work inside of the sled will be permitted by the athlete or coach. If there is any concern with the mechanic's of the sled the Team captain may request **IBSF** mechanic to make further investigations **or adjustments**.

- Athletes who are sharing sleds are required to work together throughout the training period to prepare the equipment.
- No modifications of any type are permitted to the exterior of the sled, including the addition of tape, decals or graphics.
- Team captains must inform the Jury President within 1 hour after each training session what ballast weight they would like add to the sled for the next day of training or racing.
- At the final TCM each Team captain must confirm by signature the requested weight they would like added to the sled for the race.

### **Parc fermé for Qualification races and Youth Olympic Games**

- A Parc Fermé should be implemented and adapted to the specific conditions of the respective track to enable equipment preparation.
- The Parc Fermé will open 75 minutes before the beginning of the race to allow athletes to prepare runners and sleds. The Parc Fermé closes 45 minutes before racing and all preparation work must stop. Only athletes are allowed to work on the sled and runners in the Parc Fermé except that the IBSF mechanics can assist in sled preparation when required upon the approval of the Jury.
- Athletes who are sharing sleds will normally be allowed to work together in the Parc fermé to prepare runners.
- The runner temperatures are checked in the Parc fermé prior to the start of the race.
- If runners are badly scratched the athlete can make a request to the Jury for additional assistance from IBSF support staff. If the runners are badly damaged beyond repair the athlete can request from the jury an exchange of runners.