



International Youth Rules Monobob and Skeleton

All rules listed in the current International Bobsleigh and Skeleton Rules apply equally to Youth Monobob and Skeleton except as explicitly specified in this document.

Youth Olympic Games Qualification Events **Monobob and Skeleton**

- The qualification system will be run in accordance with the IBSF qualification system document.
- To be eligible to participate in the 2024 Gangwon Youth Olympic Games all athletes must fulfil the Qualification System Gangwon 2024 Winter Youth .
- A maximum of 3 athletes per gender, nation and discipline are allowed to register for the Youth competitions in Monobob and Skeleton.
- All participants must have a valid IBSF license.

Age Limit – The minimum age limit corresponds to the age established in the IBSF International Rules; age limits are specified in the Qualification System Requirements for the Youth Olympic Games (athletes must have been born between 1 January 2006 and 31 December 2009).

- Liability - Athletes will need to sign a Track specific waiver before sliding which must be given to the IBSF coordinator before the 1st Team Captains' Meeting. For athletes under 18, these waivers must be signed by a parent/guardian.
- Entry fees are determined by and payable to the IBSF. Entry fees will be announced in the event invitation. Monobob entry fees have to be paid via wire transfer. Upon prior agreement with the IBSF Coordinator, entry fees may be paid also prior to the first Team Captains' Meeting on-site.

Monobob Rules

Weight

- For men Monobobs the maximum weight of the athlete plus ballast = 100kg
- For women Monobobs the maximum weight of the athlete plus ballast = 85kg

Group Allocation

If there are more athletes than available sleds, then the sleds will be shared and the athletes will be assigned to groups based on their IBSF ranking with the highest ranked athletes in group A, then next highest in group B and so on. Each group will have a random draw to assign sled numbers to athletes for that group, with the lowest-ranked athletes in each group sharing sled numbers as required.

Example: There are 13 athletes using 10 sleds. The top 10 ranked athletes will be in Group A and the remaining athletes will be in Group B. If athletes have no ranking points then a random draw will determine their position within the respective groups. Since 3 sleds will have to be shared, a random draw is conducted for the top 7 athletes and these sleds are not shared. A separate random draw is conducted for the final 3 sleds in Group A, and the athletes in Group A and Group B will share these sleds in the order in which they appear in the group (Group A rank 8 shares with Group B rank 1, Group A rank 9 shares with Group B rank 2, etc.)

The jury also reserve the right to allocate the training groups by Nation with men and women training together if necessary.

Equipment Draw

- The Monobobs¹ and runners provided by the IBSF will be shared between groups. Where more than 1 training group takes place, multiple athletes will be sharing the Monobob and runners.
- At the 1st Team Captains' Meeting Monobob numbers will be drawn electronically (if possible – otherwise manually) for every athlete, for each day of official training within the groups according to the IBSF Youth Ranking list, if no IBSF Youth Ranking list exists, the Monobobs will be drawn alphabetically by Surname.

¹ The type of Monobob will be specified in each event invitation.

- For the Youth Olympic Games and Qualification Races each athlete must be drawn into a different sled for every official training day; an athlete cannot train in the same Monobob twice during the duration of the competition. For the race each athlete is allocated a Monobob through a random draw, so that he/she could also race in a Monobob that he/she has previously trained in.
- Following the sled allocation for the Qualification Races the athlete who has been allocated the Monobob for the first training day will choose 4 individual runners which are provided by the IBSF to make a set of runners .
- This runner selection and therefore the runner set will take place in numerical order based on Monob numbers, i.e. the athlete/s who draws the lowest Monobob number will be allowed to choose runners first.
- During the runner selection the runners will be covered apart from the end 10 cm. Athletes will not be allowed to handle the runners, only select the runners to complete their set.
- The runners chosen for each Monobob at the first Team Captains' Meeting will be used as a set for all training and race days throughout the duration of the competition by the respective athlete.
- Equipment will consist of a Monobob sled and Monobob runners, which will be provided by the IBSF at the start of each official training or race, alongside the essential tools required for preparation. At the end of each official training or race , the athlete must return all equipment back to the preparation area in the same preparation condition as it was received.
- If during the course of the competition it becomes necessary to replace a Monobob or set of runners, the new equipment will be allocated based on the available possibilities. The possibilities for reallocation will be announced at the first Team Captains' meeting.

Training Draw for Qualification Races

For the Qualification Races the allocated Monobob number will determine the starting order for daily training.

Training Draw for Youth Olympic Games

For the Youth Olympic Games the allocated Monobob number will determine the starting order for daily training. The starting order is from the 1st to 18th for each training day. **Race Draw for Qualification Races**

- For the race, the start order will be determined by the draw based on the IBSF Youth ranking list. If no IBSF Youth Ranking list exists the start order will be made on a random draw.
- For a two-heat race the groups will start as follows:
- Heat 1: A-B-(C...)
Heat 2: (...C)-B-A

Race Draw for Youth Olympic Games

- The Start order for the first run will be determined by the IBSF Youth ranking list.
- At the final Team Captains' Meeting a draw will be made to allocate the Monobob for the race.

Equipment Preparation

- Following each session a maximum of 1 hour may be provided for the athletes and Team Captains to prepare the equipment they will use during the next day. Only athletes will be allowed to polish the provided runners.
- No work on the Monobob by the athlete or coach will be permitted. If there is any concern regarding Monobob mechanics, the Team captain may request an IBSF mechanic to make further investigations or adjustments.
- Athletes who are sharing equipment are required to work together throughout the training period to prepare the equipment.
- No modifications of any type are permitted to the exterior of the Monobob, including the addition of tape, decals or graphics.
- Team captains must inform the Jury President within 1 hour after each training session which ballast weight they would like add to the Monobob for the next day of training or racing.

- At the final Team Captains' Meeting each Team captain must confirm by signature the requested weight they would like added to the Monobob for the race.

Parc fermé for Qualification races and Youth Olympic Games

- For the races a Parc Fermé should be created in a way that corresponds to the specific conditions of the respective track to enable equipment preparation.
- The Parc Fermé will open 75 minutes before the beginning of the race to allow athletes to mount/prepare the runners and the Monobobs. The Parc Fermé closes 45 minutes before the race, and any installation/preparation work must stop. Only athletes are allowed to work on the Monobob and runners in the Parc Fermé, except that the IBSF mechanics may help with the Monobob preparation if required, upon the approval of the Jury.
- Athletes who are sharing the same Monobob will normally be allowed to work together in the Parc fermé to prepare runners.
- The runner temperatures are checked in the Parc fermé prior to the start of the race.
- If runners are badly scratched, the athlete can make a request to the Jury for additional assistance from IBSF support staff. If the runners are badly damaged beyond repair the athlete can request from the Jury an exchange of runners.