



IBSF - ITP and YOG 2020 Lausanne ST. MORITZ 06 January - 22 January 2020

Date	Day	Time	Men's Monobob	Time	Women's Monobob	Time	Men's Skeleton	Time	Women's Skeleton
06.01.2020	mon	18:00	ITP / TCM Hotel Bären	18:00	ITP / TCM Hotel Bären	17:00	ITP / TCM Hotel Bären	17:00	ITP / TCM Hotel Bären
07.01.2020	tue	13:15	ITP / 2 TR	12:00	ITP / 2 TR	08:30	ITP / 2 TR	08:30	ITP / 2 TR
08.01.2020	wed	12:00	ITP / 2 TR	13:15	ITP / 2 TR	08:30	ITP / 2 TR	08:30	ITP / 2 TR
09.01.2020	thu	Opening Ceremony Lausanne and Opening Night in St.Moritz							
10.01.2020	fri	15:00	TCM /Hotel Laudinella	15:00	TCM /Hotel Laudinella	14:00	TCM /Hotel Laudinella	14:00	TCM /Hotel Laudinella
11.01.2020	sat		day off	12:30	2 TR		day off	14:30	2 TR
12.01.2020	sun	12:30	2 TR		day off	14:30	2 TR		day off
13.01.2020	mon		day off	12:30	2 TR		day off	14:30	2 TR
14.01.2020	tue	12:30	2 TR		day off	14:30	2 TR		day off
15.01.2020	wed		day off	12:30	2 TR		day off	14:30	2 TR
16.01.2020	thu	12:30	2 TR		day off	14:30	2 TR		day off
17.01.2020	fri		day off	12:30	2 TR		day off	14:30	2 TR
18.01.2020	sat	12:30	2 TR		day off	14:30	2 TR		day off
		17:30	TCM /Hotel Laudinella	17:30	TCM /Hotel Laudinella	18:30	TCM /Hotel Laudinella	18:30	TCM /Hotel Laudinella
19.01.2020	sun		day off	12:00	YOG 2020-race		day off	14:00	YOG 2020-race
20.01.2020	mon	12:00	YOG 2020-race		day off	14:00	YOG 2020-race		day off
		19:00 Farewell Party St.Moritz							
21.01.2020	tue	day off							
22.01.2020	wed	Closing Ceremony Lausanne							

TCM = Team Captains Meeting
ITP= Hotel Bären // YOG=Hotel Laudinella

TR = Training Runs

ITP = International Training Period offered by IBSF